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Subject: Change is on the horizon... 🌟
Date: September 7, 2024 at 11:35 AM
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Hello friend!

I am a September girl.

Birthdays, cozy blankets, and comfort food are a few of my favorite things this month.

And the promise of fall seems to be whispering a most irresistible invitation:

It's okay to stop and take a breath.

For myself, I have been doing just that in the recent days and I am officially declaring the rest of my September a self-care month...reset & refocus month...fall into Him month...recover from the busy school holidays month!

God is calling me into a new season with my 'writing' and frankly, it's entirely out of my comfort zone. It requires me to let go of all things comfortable and to trust God fully – with my time, my insecurities, my abilities.

Like Moses did when he was called. And although I'm not physically challenged by a desert and crossing oceans, I feel that emotionally, I am. So I've taken a tiny little step back from writing and jumping straight into my next Angus Reid mystery; to take that step of faith and do this thing God's calling me to do.

And, quite simply, He has given me permission to slow my soul down a little, to hear where He is guiding me, to take that first step.

Maybe He's encouraging you to release to Him in your own way in your own life.

So don't be alarmed. Angus and all our frenemies in Weyport aren't going anywhere just yet. They'll be seeing you in book 5 very soon!

For now though, the kids are back at school and the hope of finding my routine again is beckoning this coming week, and with it comes a chance to also take maximum advantage of the next four months before the end of the year brings us to another standstill. I'm leaning into the subliminal 'fresh start' messaging that comes with the back-to-school season, with the trees that shed old leaves to make space for new ones.

And, as if I needed any more convincing that my instincts were on point, one of my favorite podcast shows confirmed this very September shift to me yesterday.

[Listen to it here](#), if you too want to embrace all the month of September has to offer.

Yes, friend, pumpkin spice and all things nice is just around the corner.

And it will be well with our souls!

Matthew 11:28

"Come to me, all you who are weary and burdened, and I will give you rest."

See you between my pages!
Ureelia

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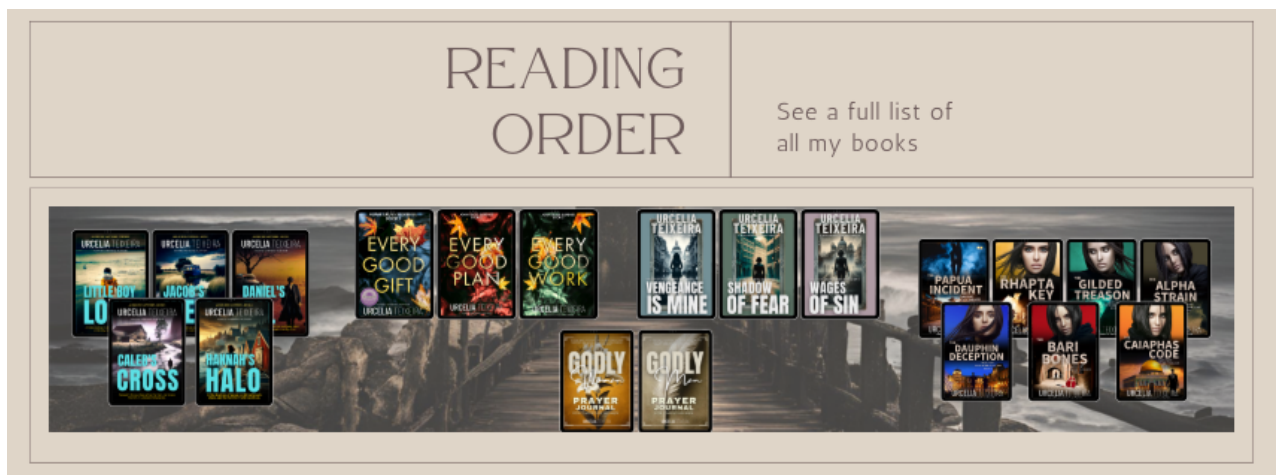
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